

TOOTSIES PRIVATE DAY NURSERY

May-Sept

Week 1

	7.30am to 8.45am	10.00am	11.30am to 12.00pm	2.30pm	4.00pm	6.30pm
Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Chilli con carne and rice Queen of puddings	Fresh fruit and vegetable platter mint yogurt dip	Cheese and tomato omelette with vegetables Yogurt and fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Lemon and thyme chicken with mashed potatoes and roasted carrots Rice pudding and jam	Fresh fruit and vegetable platter humous dip	Sausage plait, salad and homemade chutney Yogurt and fruit	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Spaghetti bolognaise with fresh vegetables and homemade garlic bread Banoffee pie	Fresh fruit and vegetable platter Sour cream and chive dip	Homemade savoury muffin filled with cream cheese Yogurt and fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Poached cod with parsley sauce, potatoes and garden peas Pear and cinnamon cookies	Fresh fruit and vegetable platter Roast garlic mayo dip	Chinese noodles with fresh vegetables Yogurt and fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh fruit platter	Chicken and ham casserole, with broccoli and new potatoes Apple doughnuts	Fresh fruit and vegetable platter Cucumber yogurt dip	Cheese and tomato pasta bake Yogurt and fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice

Week 2

	7.30am to 8.45am	10.00am	11.30am to 12.00pm	2.30pm	4.00pm	6.30pm
Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Salmon tagliatelle with cream sauce served with fresh summer vegetables Ginger and maple sponge	Fresh fruit and vegetable platter mint yogurt dip	Focaccia filled with salami and cheese with a homemade dressing Yogurt or fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Creamy chicken curry served with rice and a homemade naan bread Trifle	Fresh fruit and vegetable platter humous dip	Loaded new potatoes with cheese and onion filling Sour cream	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Summer lamb and potato stew with fine beans and shallots Fruits Danish	Fresh fruit and vegetable platter Sour cream and chive dip	Tomato and smoked sausage pasta bake Yogurt or fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Butternut squash risotto with homemade garlic Ciabatta Banana cake	Fresh fruit and vegetable platter Cucumber yogurt dip	Cheese & tomato or tuna & cucumber sandwiches Yogurt or fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk.	Fresh Fruit Platter	Lasagne with selection of vegetables and homemade rosemary focaccia Homemade flap jack	Fresh fruit and vegetable platter	Homemade creamy minestrone soup and a rustic roll Yogurt or fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice

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May-Sept

Week 3

	7.30am to 8.45am	10.00am	11.30am to 12.00pm	2.30pm	4.00pm	6.30pm
Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Chicken in a mango and coconut sauce with noodles Apple pie	Fresh fruit and vegetable platter mint yogurt dip	Selection of homemade Bruschetta Yogurt or fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Meat balls in tomato sauce with pasta and paprika loaf chocolate cookies	Fresh fruit and vegetable platter humous dip	Chicken Caesar or tuna wraps Yogurt or fruit	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	BBQ chicken, potato wedges and coleslaw Sticky toffee	Fresh fruit and vegetable platter Sour cream and chive dip	Homemade tomato soup with focaccia bread Yogurt or fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Beef goulash With potatoes and fresh vegetables Jam Swiss roll	Fresh fruit and vegetable platter Roast garlic mayo dip	Sausage and apricot rolls with sliced potato and a homemade tomato dip Yogurt or fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh fruit platter	Bacon and mushroom pie, new potatoes peas and corn Pineapple upside down cake	Fresh fruit and vegetable platter Cucumber yogurt dip	Golden vegetable rice with chicken Yogurt or fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice

Week 4

	7.30am to 8.45am	10.00am	11.30am to 12.00pm	2.30pm	4.00pm	6.30pm
Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Haddock with a leek sauce Served with broccoli Apple straddle	Fresh fruit and vegetable platter mint yogurt dip	Cheese and tomato frittata on cheese scone with apple coleslaw Yogurt and fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Sweet and sour chicken with a pea rice Lemon sponge	Fresh fruit and vegetable platter humous dip	Jacket potato with a selection of fillings and salad Yogurt and fruit	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Homemade Mini lamb and mint burgers with roasted root vegetables and a toasted bun Carrot cake	Fresh fruit and vegetable platter Sour cream and chive dip	Broccoli and cauliflower pasta bake Yogurt and fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Glazed gammon, new potato vegetables and homemade gravy Pear crumble	Fresh fruit and vegetable platter Cucumber yogurt dip	Tuna melts with a tomato and cucumber salad Yogurt and fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk.	Fresh Fruit Platter	Cajon beef stew with Sweet potato mash and carrots Chocolate muffins	Fresh fruit and vegetable platter	Homemade pizza With ham & pineapple or cheese and tomato topping Yogurt and fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice

TOOTSIES PRIVATE DAY NURSERY

Vegetarian menu May-Sept

Week 1

	7.30am to 8.45am	10.00am	11.30am to 12.00pm	2.30pm	4.00pm	6.30pm
Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Sweet potato chilli and rice Queen of puddings	Fresh fruit and vegetable platter mint yogurt dip	Cheese and tomato omelette with vegetables Yogurt and fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Lemon and thyme tofu with mashed potatoes and roasted carrots Rice pudding and jam	Fresh fruit and vegetable platter humous dip	Goats cheese and tomato plait, salad and homemade chutney Yogurt and fruit	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Vegetable and lentil bolognaise with fresh vegetables and homemade garlic bread Banoffee pie	Fresh fruit and vegetable platter Sour cream and chive dip	Homemade savoury muffin filled with cream cheese Yogurt and fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Vegetable fingers and lentils with parsley sauce, potatoes and garden peas Pear and cinnamon cookies	Fresh fruit and vegetable platter Roast garlic mayo dip	Chinese noodles with fresh vegetables Yogurt and fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh fruit platter	Leek, mushroom and cannellini beans casserole, with broccoli and new potatoes Apple doughnuts	Fresh fruit and vegetable platter Cucumber yogurt dip	Cheese and tomato pasta bake Yogurt and fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice

Week 2

	7.30am to 8.45am	10.00am	11.30am to 12.00pm	2.30pm	4.00pm	6.30pm
Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Tofu and haricot beans tagliatelle with cream sauce served with fresh summer vegetables Ginger and maple sponge	Fresh fruit and vegetable platter mint yogurt dip	Focaccia filled with plum tomatoes and cheese with a homemade dressing Yogurt or fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Sweet potato and chickpea curry served with rice and a homemade naan bread Trifle	Fresh fruit and vegetable platter humous dip	Loaded new potatoes with cheese and onion filling Sour cream	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Pumpkin and lentil stew with fine beans and shallots Fruits Danish	Fresh fruit and vegetable platter Sour cream and chive dip	Tomato and pepper pasta bake Yogurt or fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Butternut squash risotto with homemade garlic Ciabatta Banana cake	Fresh fruit and vegetable platter Cucumber yogurt dip	Cheese & tomato or egg & cucumber sandwiches Yogurt or fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk.	Fresh Fruit Platter	Vegetable lasagne with selection of vegetables and homemade rosemary focaccia Homemade flap jack	Fresh fruit and vegetable platter	Homemade creamy minestrone soup and a rustic roll Yogurt or fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice

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May-Sept

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Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Courgette and tofu in a mango and coconut sauce with noodles Apple pie	Fresh fruit and vegetable platter mint yogurt dip	Selection of homemade Bruschetta Yogurt or fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Pumpkin and black eyed beans tomato sauce with pasta and paprika loaf chocolate cookies	Fresh fruit and vegetable platter huomous dip	Spice bean tortilla wraps Yogurt or fruit	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	BBQ tofu, potato wedges and coleslaw Sticky toffee	Fresh fruit and vegetable platter Sour cream and chive dip	Homemade tomato soup with focaccia bread Yogurt or fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Portobello mushroom goulash With potatoes and fresh vegetables Jam Swiss roll	Fresh fruit and vegetable platter Roast garlic mayo dip	Sage and onion rolls with sliced potato and a homemade tomato dip Yogurt or fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh fruit platter	Creamy vegetable pie, new potatoes peas and corn Pineapple upside down cake	Fresh fruit and vegetable platter Cucumber yogurt dip	Golden vegetable rice with peppers Yogurt or fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice

Week 4

	7.30am to 8.45am	10.00am	11.30am to 12.00pm	2.30pm	4.00pm	6.30pm
Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	Choice of Toasted crumpet with a Selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Tofu with a leek sauce Served with broccoli Apple straddle	Fresh fruit and vegetable platter mint yogurt dip	Cheese and tomato frittata on cheese scone with apple coleslaw Yogurt and fruit	Raisin Ryvita
Tues	Toasted bread, with a choice of spreads selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Hoi sin peppers with a pea rice Lemon sponge	Fresh fruit and vegetable platter huomous dip	Jacket potato with a selection of fillings and salad Yogurt and fruit	Poppy Cracker And Cream Cheese
Wed	Toasted muffin Choice of spreads, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Falafel with roasted root vegetables and a toasted bun Carrot cake	Fresh fruit and vegetable platter Sour cream and chive dip	Broccoli and cauliflower pasta bake Yogurt and fruit	Cracker Bread And Marmite
Thurs	Toasted raisin bread, selection of cereals with milk. Fresh Fruit	Fresh Fruit Platter	Breaded parsnip, new potato vegetables and homemade gravy Pear crumble	Fresh fruit and vegetable platter Cucumber yogurt dip	Tomato melts with a tomato and cucumber salad Yogurt and fruit	Seedy Ryvita And Honey
Fri	Toasted bagel with a choice of spreads, selection of cereals with milk.	Fresh Fruit Platter	Pumpkin and chickpea stew with Sweet potato mash and carrots Chocolate muffins	Fresh fruit and vegetable platter	Homemade pizza With cheese & pineapple or cheese and tomato topping Yogurt and fruit	Marmite Flavoured Rice Cake
	Milk/Fruit Juice	Milk/Water	Water	Milk/Water	Water	Water/Fruit Juice